

Peppercorn Children & Families

Term 2 - 2022

123 Magic

Tuesdays
17th May—31st May
10:00am - 12:00pm
(3 Week Program)

This program gives you tools on managing challenging and testing behaviours in a calm way, encourage good behaviour using emotion coaching strategies and help to understand your child's stages of development.

Bookings Essential.

Infant Massage

Mondays
16th May - 6th June
1:00pm- 2:30pm
(4 Week program)

Learn positive touch techniques in a safe friendly environment. Bookings Essential.

Family First Aid

Tuesday 7th June
9:30am - 11:30am OR 12:30pm-2:30pm

Relaxed and practical hands on session. Each participant will learn the skills and gain understanding on how to manage child related emergencies. Bookings Essential.

Junk Music Workshop

Thursday 9th June
9:30am - 11:00am

Instrument making from recycled materials where children learn a junk percussion/drumming piece of music. Program for children 3 - 5 years. Bookings Essential.



Mother's Day Morning Tea for Young Parents

Friday 13th May
10:00am - 12:00pm

Drop in for some yummy food, craft and music for kids and FREE goodie bags. Option to return to our centre each Friday for an ongoing group (for parents under 25 years)

Peppercorn Children & Families

South Windsor Family Centre | 6 Greenhills Way | SOUTH WINDSOR, NSW 2756
(02) 4577 9804 | dropin@peppercorn.org.au

Term 2 Groups, 2022

To enquire about our groups please call (02) 4577 9804

Mums & Bubs

0 - 9 Months

Inspired by the Parent-Child Mother Goose Program. Using rhymes, songs and stories to nurture your child's listening and language development

Mini Explorers

9 - 18 Months

Explore new environments and become involved in group activities and music and movement with your child.

Big Explorers

18 Months - 2.5 Years

Engage with new group activities, music and movement and develop social connections for both parent and child.

Supported Playgroup

0 - 6 Years

Listen to books and songs in a relaxed environment, develop essential early literacy skills and work on fine motor skills with weekly craft.

Family Support

Family support is a free service available to families in the Hawkesbury region. Family Workers can provide you with information on attachment and bonding with your child, managing challenging behaviour, and child development.

We have information on current parenting advice, parenting programs and links to specialist services and other community networks.

Call or email for more information.

LINCS: Practical Family Support

LINCS is a free volunteer-based home visiting support service for families living in the Hawkesbury who have at least one child under twelve and/or are pregnant. LINCS volunteers can support you when family and friends are not around or are not available.

Call or email for more information.



Additional Services

- ◇ Breast Pump Hire
- ◇ Child Car Restraint Installation
- ◇ Parent Resource Library



Find us on Facebook:
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